



Goldilocks and the Three Bears

Adapted from the classic fairy tale

Once upon a time, there were three bears that lived in a house in the forest. There was a big papa bear, a medium-sized mama bear, and little baby bear. One morning, the porridge that they made for breakfast was too hot, so they went for a walk while it cooled. While they were out, a little girl named Goldilocks discovered their house. She had been out for a long walk in the woods. She knocked on the door and when no one answered she tiptoed inside.

On the table, she saw the bears' breakfast. There were three bowls of porridge. She realized she was very hungry and decided to eat just a little bit. She tasted some from the first bowl, but it was too hot. She tasted some from the second bowl, but it was too cold. Then she tasted some from the third bowl and it was just right. It was so delicious she ate it all!

She noticed the bears' three chairs and realized she was very tired. She thought she would just sit and rest for a minute before she continued on her walk. The first chair was too hard, the second chair was too soft, but the third chair was just right! She sat down on the third chair, but was too heavy and it broke to pieces under her weight!



Next Goldilocks found the bears' three beds. The first bed was too hard. The second bed was too soft. And the third bed felt just right. It was just the right size and all cozy and warm. In no time, Goldilocks fell fast asleep.

A short time later, the three bears came back from their walk in the forest. They saw at once that someone had been inside. Papa Bear looked at his breakfast and said, "Somebody has been eating my porridge!" Mama Bear said, "Somebody has been eating my porridge!" Baby Bear said, "Somebody has been eating my porridge, and has eaten it all up!"

Next they noticed the chairs. Papa Bear said, "Somebody has been sitting in my chair!" Mama Bear said, "Somebody has been sitting in my chair." Baby Bear said, "Somebody has been sitting in my chair, and has broken it!"

Then the three bears went into the bedroom. Father Bear said, "Somebody has been sleeping in my bed!" Mama Bear said, "Somebody has been sleeping in my bed!" Then Baby Bear looked at his bed and said in his small squeaky baby voice, "Somebody is sleeping in my bed!" He squeaked so loudly that Goldilocks woke up with a start. She jumped out of bed, and away she ran, down the stairs and out into the forest and the three bears never saw her again.

The End

Fairy Tales Acrostic Poems

Acrostic poems can be read both up and down, and across.
Use the letters from the Fairy Tale words to make up your own.

Sample from Goldilocks:

- B: Bears
- E: Enter their home
- A: After a walk in the woods
- R: Ready to eat their porridge
- S: Surprised by Goldilocks sleeping in their beds!

Create your own acrostic poems about Goldilocks and other Famous Fairy Tales:

G _____
O _____
L _____
D _____
I _____
L _____
O _____
C _____
K _____
S _____

F _____
O _____
R _____
E _____
S _____
T _____

D _____
R _____
A _____
G _____
O _____
N _____

S _____
N _____
O _____
W _____

W _____
H _____
I _____
T _____
E _____



Week 6: Goldilocks & the Three Bears

Build It: Three Gummy Bears Science Lab

Step 1: Set up your Experiment

- MAKE 3 LABELS TO IDENTIFY THE LIQUIDS IN EACH PLASTIC CUP: WATER, SALT WATER, AND VINEGAR
- POUR 1/4 CUP WATER INTO THE 1ST AND 2ND CUPS. POUR 1/4 CUP VINEGAR (ANY TYPE) INTO THE 3RD CUP
- MAKE A SALT WATER SOLUTION BY MIXING 2 TEASPOONS OF SALT INTO THE 2ND CUP. STIR UNTIL THE SALT DISSOLVES. IT'S OK FOR A LITTLE SALT TO BE LEFT IN THE BOTTOM.
- ADD 1 GUMMY BEAR TO EACH CUP. LEAVE 3 BEARS IN THE BAGGIE FOR COMPARISON. DON'T EAT THEM (YET!)

Step 2: Make your Hypothesis

- A HYPOTHESIS IS YOUR BEST GUESS ABOUT WHAT WILL HAPPEN DURING AN EXPERIMENT. WHAT DO YOU GUESS WILL HAPPEN TO EACH BEAR IN YOUR SCIENCE LAB?

Step 3: Wait and Watch

- CHECK ON YOUR GUMMY BEARS IN 1-2 HOURS (MAYBE SET A TIMER SO YOU'LL REMEMBER). WHAT CAN YOU DO WHILE YOU WAIT? MAYBE READ AND ADD YOUR MINUTES TO YOUR SUMMER READING LOG ON THE BEANSTACK APP?
- CHECK ON YOUR THREE BEARS. WHAT DO YOU SEE?
- REPEAT - WAIT ANOTHER 1-2 HOURS AND CHECK ON THE THREE BEARS. ANY CHANGES?
- AFTER SEVERAL HOURS REMOVE THE BEARS FROM THE CUPS AND PLACE THEM ON THE CORRECT LABEL. TAKE THE THREE BEARS FROM YOUR BAGGIE AND PLACE ONE ON EACH LABEL FOR COMPARISON.
- WHAT DO YOU SEE? ARE THE BEARS BIGGER, SMALLER, OR THE SAME AS THE GUMMY BEARS FROM THE BAGGIE? DID ANY OF THE BEARS DISSOLVE, OR GET SOFTER OR HARDER? WAS YOUR HYPOTHESIS CORRECT? FLIP THIS CARD OVER TO LEARN MORE ABOUT THE SCIENCE OF THE GUMMY BEARS SCIENCE LAB!
- IF IT'S OK WITH YOUR PARENTS (PLEASE ASK THEM!) YOU MAY EAT THE THREE GUMMY BEARS FROM THE BAGGIE! DO NOT EAT THE BEARS FROM THE CUPS! THEY WILL TASTE NASTY!



Week 6: Goldilocks & the Three Bears

Build It: Three Gummy Bears Science Lab

The Science Behind the Gummy Bear Science Lab



Did you guess the Gummy Bear would dissolve?

WHILE MOST SUGARY CANDY DISSOLVES IN LIQUID, GUMMY BEARS ARE ALSO MADE WITH GELATIN WHICH PREVENTS THE BEARS FROM DISSOLVING QUICKLY. INSTEAD THE GUMMY BEARS ALLOWS LIQUID TO PASS INTO IT THROUGH TEENY TINY GAPS. THAT PROCESS IS CALLED OSMOSIS.

Os-what? What is osmosis and what does it have to do with these Bears?

OSMOSIS IS THE PROCESS WHEN A LIQUID MOVES FROM ONE PLACE TO ANOTHER - FROM A GREATER CONCENTRATION TO A LESSER CONCENTRATION. HERE'S HOW OSMOSIS IS GOING ON IN EACH CUP:

- WATER: A GUMMY BEAR DOESN'T CONTAIN MUCH WATER, SO THE PLAIN WATER PASSES INTO THE GUMMY BEAR. THIS MAKES THE BEAR SWELL UP WITH THE WATER AND GROW!
- SALT WATER: A GUMMY BEAR DOESN'T CONTAIN ANY SALT. SO THE SALT PASSES INTO THE GUMMY BEAR AT A HIGHER RATE THAN THE WATER IN THE SALT WATER. SO IT REALLY DOESN'T GROW VERY MUCH. IT MAY EVEN GET HARDER DUE TO THE SOLID NATURE OF THE SALT PARTICLES. WHAT HAPPENED TO YOURS?
- VINEGAR: A GUMMY BEAR DOESN'T CONTAIN VINEGAR EITHER SO IT ALSO WILL ALSO GROW. IN THE BEGINNING. HOWEVER, VINEGAR IS ALSO AN ACID. IN TIME THE ACID WILL START TO DISSOLVE THE GELATIN AND THE GUMMY WILL START TO FALL APART. DID YOURS GROW? DID IT START TO FALL APART? TRY PUTTING IT BACK IN THE VINEGAR OVERNIGHT AND SEE WHAT HAPPENS.

Week 6: Goldilocks & the Three Bears

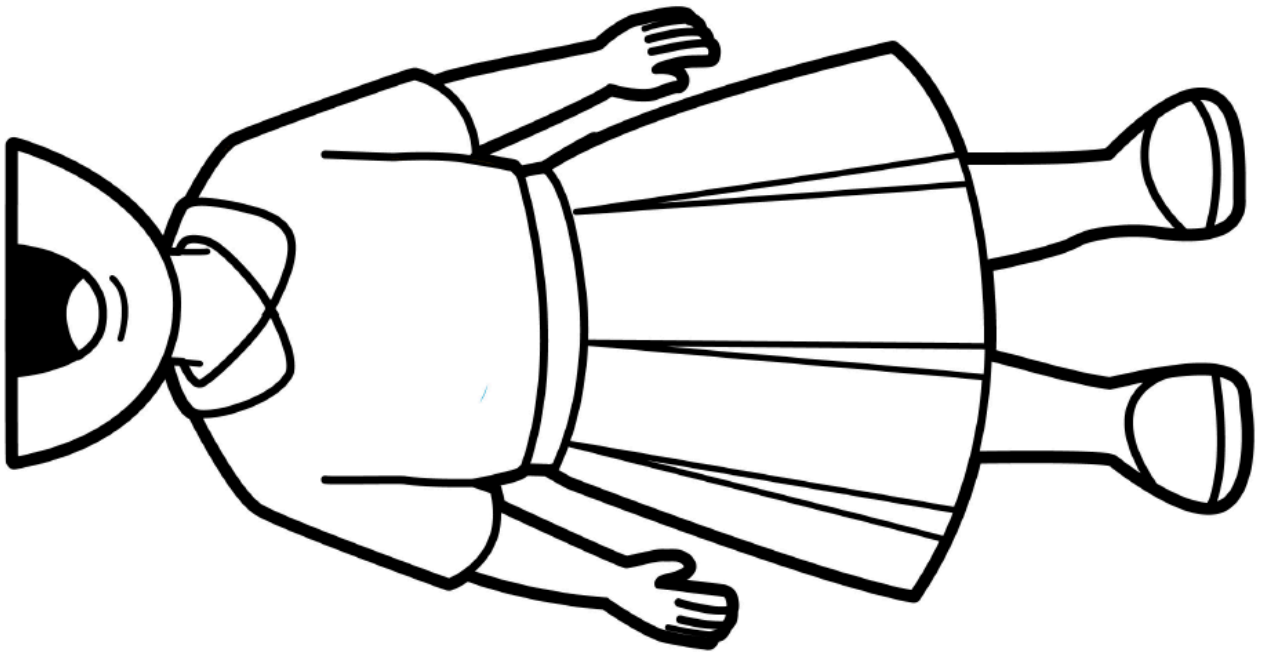
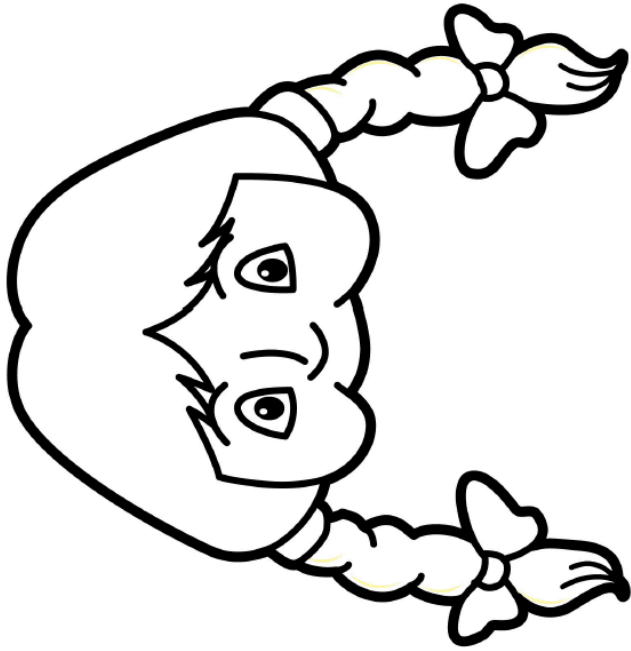
Craft It: Make Goldilocks & Bear Paper Bag Puppets



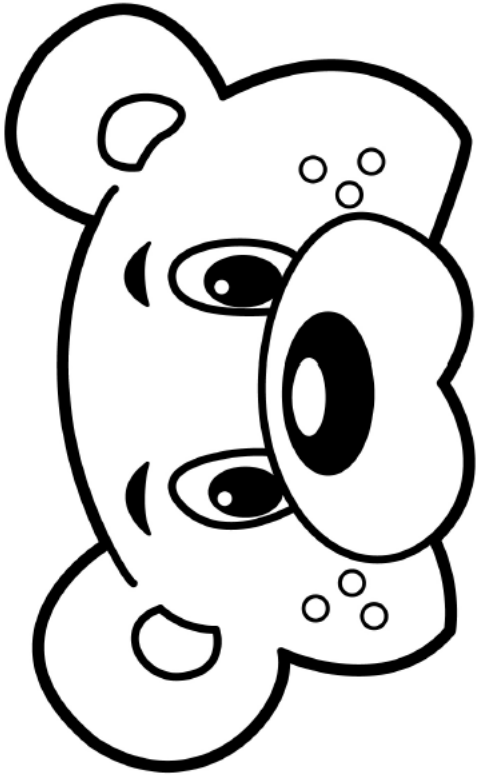
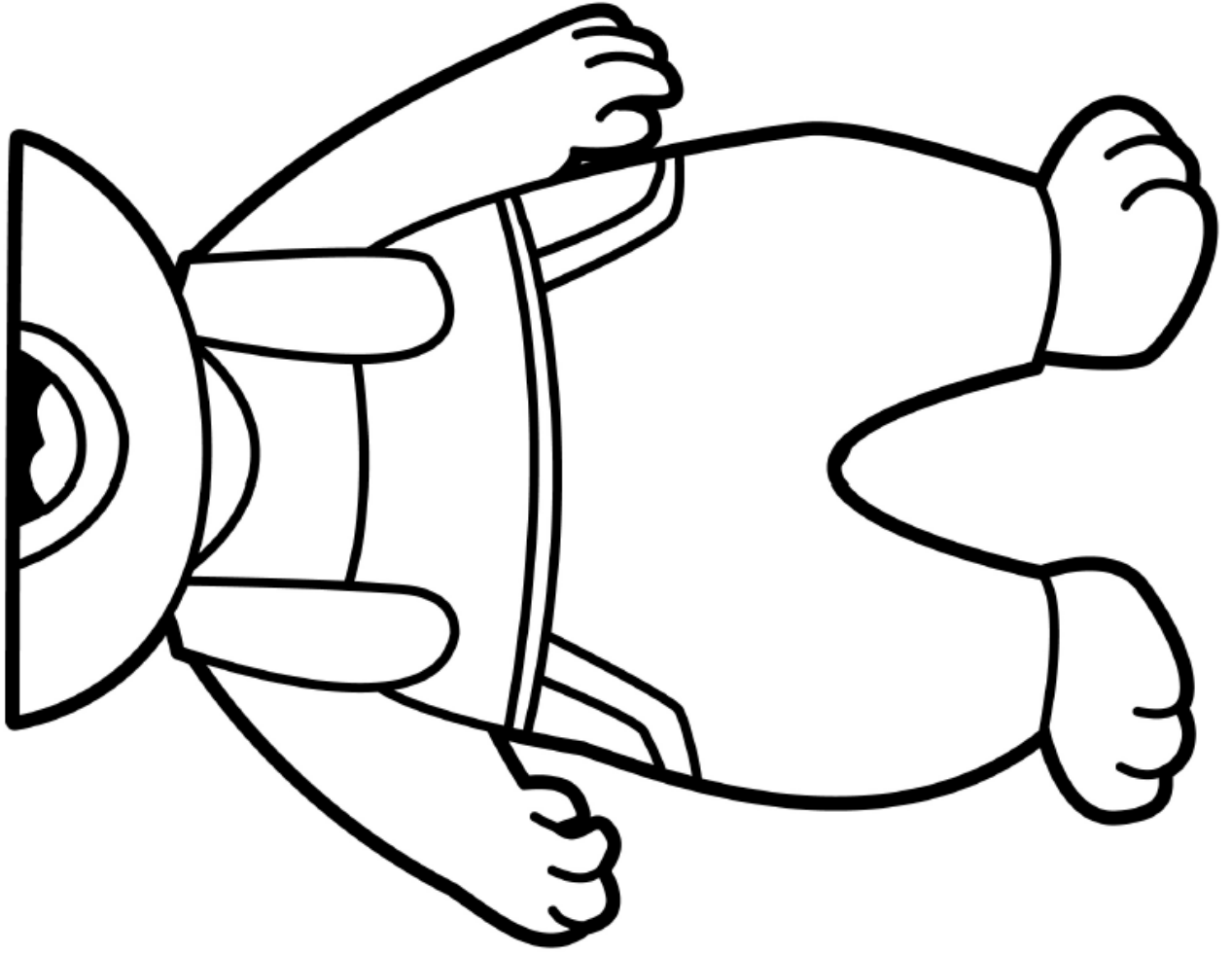
Instructions:

- **Color and cut out the puppet pieces - each puppet has a head and a body**
- **Place one paper bag so the bottom of the bag is facing up**
- **Glue the face onto what would be the bottom section of the bag**
- **Glue the body onto the long, vertical part of the bag**
- **Put your hand inside and make the puppet's head move and pretend it can talk! What would it say? The porridge is too hot?**
- **Repeat with the other characters**
- **Act out the Goldilocks story or make up one of your own!**

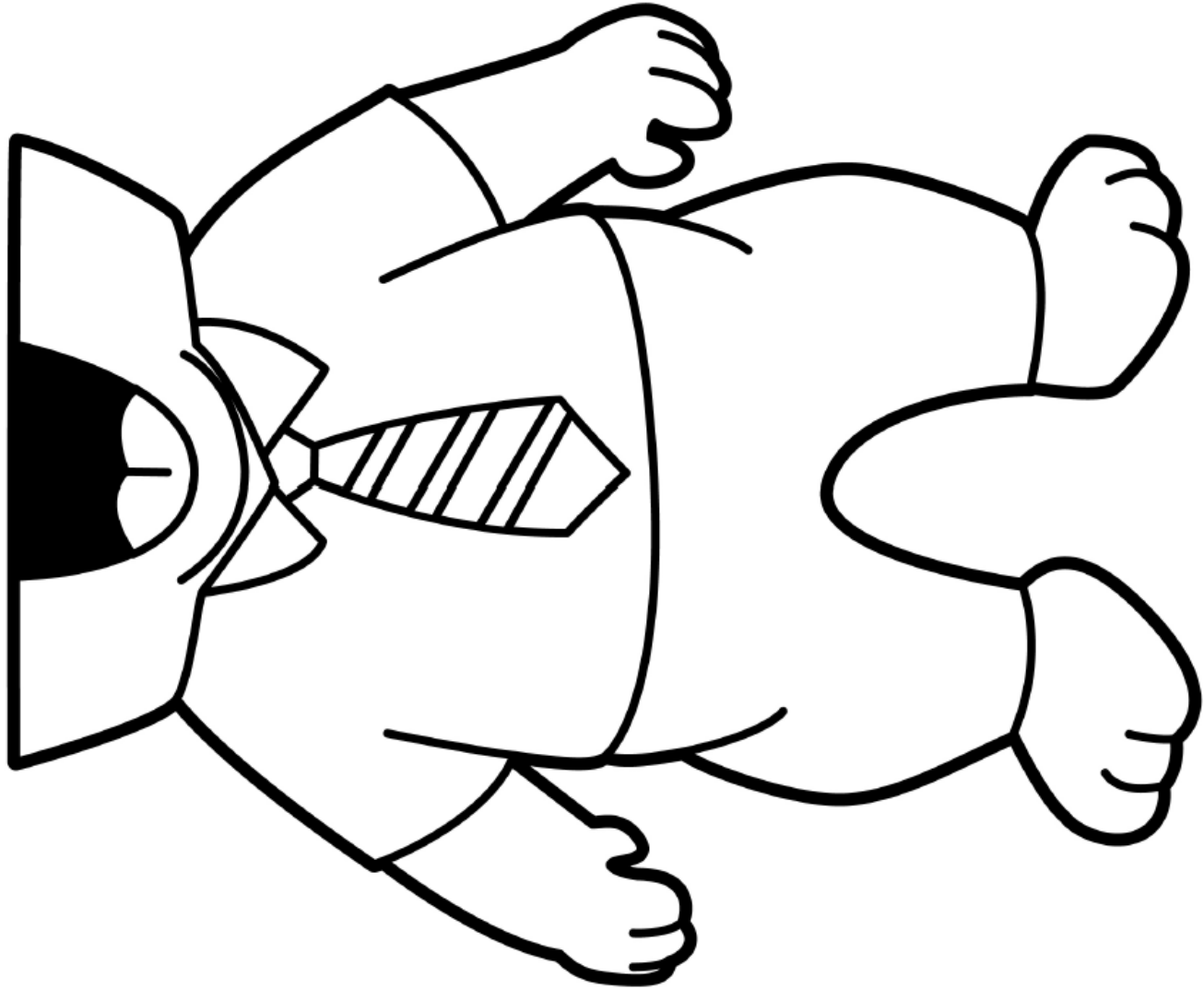
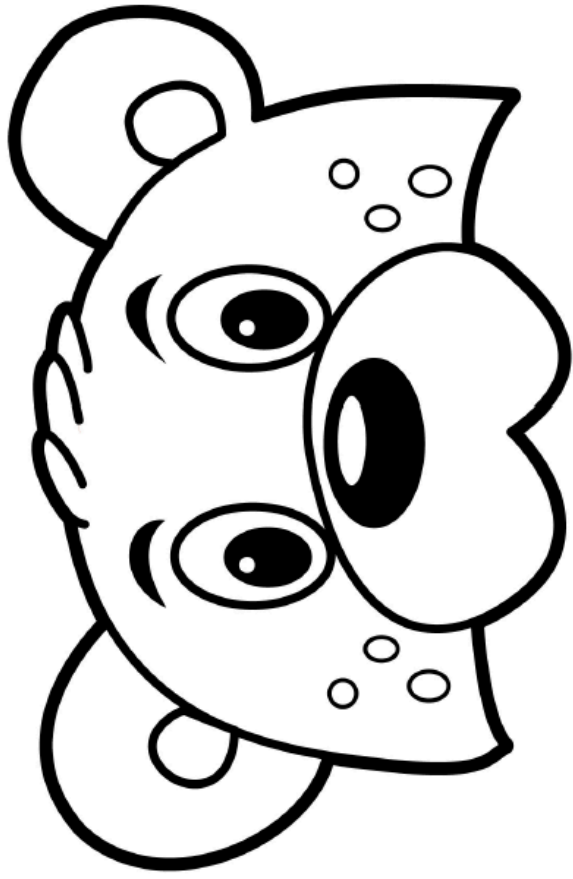
Goldilocks Puppet



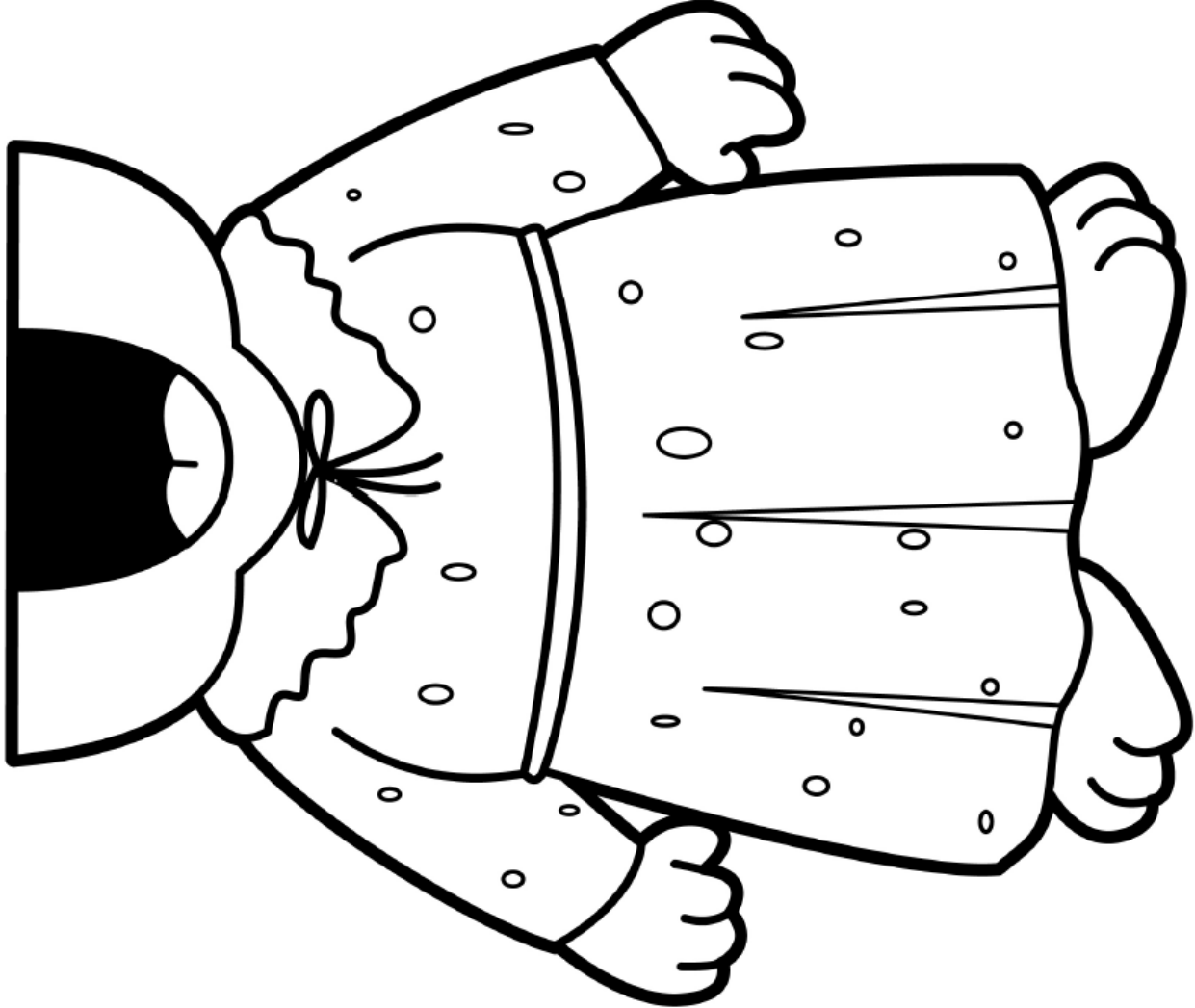
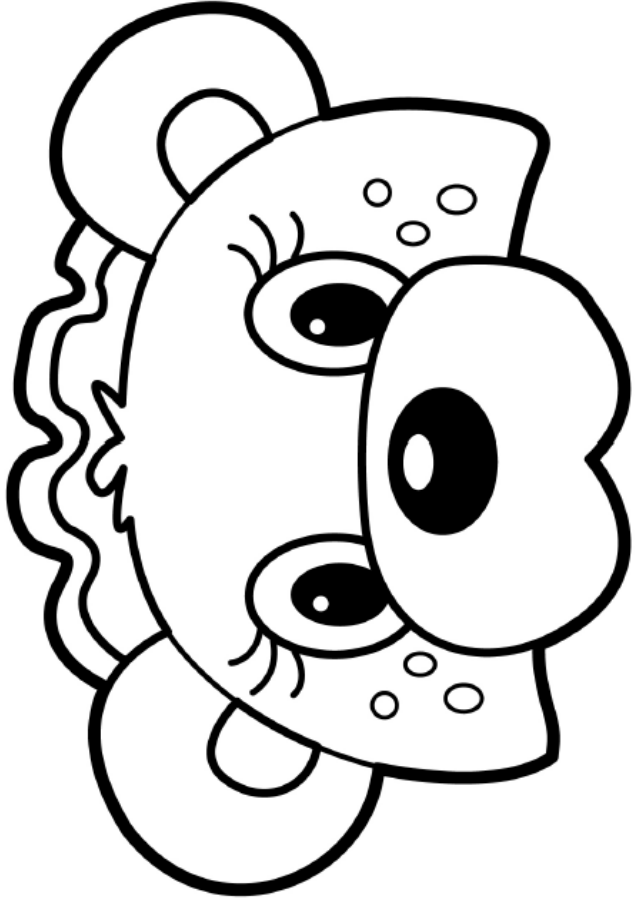
Baby Bear Puppet



Papa Bear Puppet



Mama Bear Puppet



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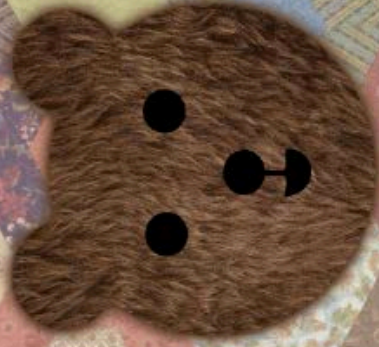
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GOLDILOCKS AND THE THREE BEARS

CREATIVEYDQ
CRAFT

WEAVE A
BLANKET TO
MAKE A MORE
COMFORTABLE
BED.



Goldilocks and the Three Bears Activity Kit

Materials List

Gummy Bear Science Lab:

Gummy Bears (6)

3 plastic cups (5 oz)

water

salt (2 tsp.)

vinegar (1/4 cup)

Index cards (or any paper) for labels – at least 2x3

Learn to Weave - Make Goldilocks a Comfy Blanket:

Yarn of two different colors (5 yards each)

Cardboard to make loom

Goldilocks & the Three Bears Puppets

Template for Goldilocks, Papa Bear, Mama Bear, Baby Bear

Paper bags (4) – we used puppet-sized, but lunch bags will also work

Crayons, markers

Glue stick